Coast Pulmonary & Internal Medicine Associates
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9940 TALBERT AVE. #101 FOUNTAIN VALLEY, CA 92708
Tel (714) 545-8700 Fax (714) 545-8084

Date_____ Home Phone_____

May we leave detailed messages? Yes____ No____ Cellular Phone_____

PATIENT NAME:_____ Date of Birth_____/_____/_____

Mailing Address:_____
Street address City State Zip

Male_____ Female_____ Single____Married____Separated____Divorced____Widow_____

Social Security #_____-_____-_____ Email Address_____

Employer_____Occupation_____

Business Phone #_____Ext._____. Ok to call? Yes_____ No_____

Name of Spouse_____Contact Phone #_____

Spouses Employer_____SS#(If primary insured)_____-_____-_____

INSURANCE: PLEASE PROVIDE A COPY OF YOUR INSURANCE CARD(S)

1) Primary Insurance_____Group#_____

Primary Insured Name_____Relationship_____

2) Secondary Insurance_____Group#_____

Person to notify in case of an emergency? (Not living with you)

Name_____Relationship_____Phone_____

WHO REFERRED YOU TO OUR OFFICE?_____

What is your PRIMARY LANGUAGE SPOKEN?_____

Do you need an interpreter? Yes_____ No_____

ASSIGNMENT OF BENEFITS

I hereby authorize my insurance company to pay the proceed of any benefits due, directly to Coast Pulmonary. I authorize the release of medical information to my insurance for payment purposes and referring physician.

SIGNED_____Date_____

Multi-Dimensional Health Assessment Questionnaire (MDHAQ™)(R873AU-NP2E)

This questionnaire includes information not available from blood tests, X-rays, or any source other than you. Please try to answer each question, even if you do not think it is related to you at this time. Try to complete as much as you can yourself, but if you need help, please ask. There are no right or wrong answers. Please answer exactly as you think or feel. Thank you.

1. Please tick (√) the ONE best answer for your abilities at this time:

OVER THE PAST WEEK, were you able to:	Without **ANY** difficulty	With **SOME** difficulty	With **MUCH** difficulty	**UNABLE** to do
a. Dress yourself, including tying shoelaces and doing buttons?	☐ 0	☐ 1	☐ 2	☐ 3
b. Get in and out of bed?	☐ 0	☐ 1	☐ 2	☐ 3
c. Lift a full cup or glass to your mouth?	☐ 0	☐ 1	☐ 2	☐ 3
d. Walk outdoors on flat ground?	☐ 0	☐ 1	☐ 2	☐ 3
e. Wash and dry your entire body?	☐ 0	☐ 1	☐ 2	☐ 3
f. Bend down to pick up clothing from the floor?	☐ 0	☐ 1	☐ 2	☐ 3
g. Turn regular taps on and off?	☐ 0	☐ 1	☐ 2	☐ 3
h. Get in and out of a car, bus, train, or airplane?	☐ 0	☐ 1	☐ 2	☐ 3
i. Walk 3 kilometers, if you wish?	☐ 0	☐ 1	☐ 2	☐ 3
j. Participate in recreational activities and sports as you wish?	☐ 0	☐ 1	☐ 2	☐ 3
k. Get a good night's sleep?	☐ 0	☐ 1.1	☐ 2.2	☐ 3.3
l. Deal with feelings of anxiety or being nervous?	☐ 0	☐ 1.1	☐ 2.2	☐ 3.3
m. Deal with feelings of depression or feeling down?	☐ 0	☐ 1.1	☐ 2.2	☐ 3.3

2. How much pain have you had because of your condition OVER THE PAST WEEK? Please indicate below how severe your pain has been:

NO PAIN ○ PAIN AS BAD AS IT COULD BE

0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

3. Please tick (√) the appropriate spot to indicate the amount of pain you are having today in each of the joint areas listed below:

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
a. LEFT FINGERS	☐ 0	☐ 1	☐ 2	☐ 3	i. RIGHT FINGERS	☐ 0	☐ 1	☐ 2	☐ 3
b. LEFT WRIST	☐ 0	☐ 1	☐ 2	☐ 3	j. RIGHT WRIST	☐ 0	☐ 1	☐ 2	☐ 3
c. LEFT ELBOW	☐ 0	☐ 1	☐ 2	☐ 3	k. RIGHT ELBOW	☐ 0	☐ 1	☐ 2	☐ 3
d. LEFT SHOULDER	☐ 0	☐ 1	☐ 2	☐ 3	l. RIGHT SHOULDER	☐ 0	☐ 1	☐ 2	☐ 3
e. LEFT HIP	☐ 0	☐ 1	☐ 2	☐ 3	m. RIGHT HIP	☐ 0	☐ 1	☐ 2	☐ 3
f. LEFT KNEE	☐ 0	☐ 1	☐ 2	☐ 3	n. RIGHT KNEE	☐ 0	☐ 1	☐ 2	☐ 3
g. LEFT ANKLE	☐ 0	☐ 1	☐ 2	☐ 3	o. RIGHT ANKLE	☐ 0	☐ 1	☐ 2	☐ 3
h. LEFT TOES	☐ 0	☐ 1	☐ 2	☐ 3	p. RIGHT TOES	☐ 0	☐ 1	☐ 2	☐ 3
q. NECK	☐ 0	☐ 1	☐ 2	☐ 3	r. BACK	☐ 0	☐ 1	☐ 2	☐ 3

4. Considering all the ways in which illness and health conditions may affect you at this time, please indicate below how you are doing:

VERY WELL ○ VERY POORLY

0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10

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1.a-j FN (0-10):

1=0.3 16=5.3
2=0.7 17=5.7
3=1.0 18=6.0
4=1.3 19=6.3
5=1.7 20=6.7
6=2.0 21=7.0
7=2.3 22=7.3
8=2.7 23=7.7
9=3.0 24=8.0
10=3.3 25=8.3
11=3.7 26=8.7
12=4.0 27=9.0
13=4.3 28=9.3
14=4.7 29=9.7
15=5.0 30=10

2.PN (0-10):

4.PTGL (0-10):

RAPID3™ (0-30)

Cat:

HS = >12

MS = 6.1-12

LS = 3.1-6

R = ≤3

PLEASE TURN TO THE NEXT PAGE

5. Please tick (√) if you have experienced any of the following over the last month:

__Fever	__Lump in your throat	__Paralysis of arms or legs
__Weight gain (>5 kg)	__Cough	__Numbness or tingling of arms or legs
__Weight loss (>5 kg)	__Shortness of breath	__Fainting spells
__Feeling sickly	__Wheezing	__Swelling of hands
__Headaches	__Pain in the chest	__Swelling of ankles
__Unusual fatigue	__Heart pounding (palpitations)	__Swelling in other joints
__Swollen glands	__Trouble swallowing	__Joint pain
__Loss of appetite	__Heartburn or stomach gas	__Back pain
__Skin rash or hives	__Stomach pain or cramps	__Neck pain
__Unusual bruising or bleeding	__Nausea	__Use of drugs not sold in stores
__Other skin problems	__Vomiting	__Smoking cigarettes
__Loss of hair	__Constipation	__More than 2 alcoholic drinks per day
__Dry eyes	__Diarrhea	__Depression - feeling blue
__Other eye problems	__Dark or bloody stools	__Anxiety - feeling nervous
__Problems with hearing	__Problems with urination	__Problems with thinking
__Ringing in the ears	__Gynecological (female) problems	__Problems with memory
__Stuffy nose	__Dizziness	__Problems with sleeping
__Sores in the mouth	__Losing your balance	__Sexual problems
__Dry mouth	__Muscle pain, aches, or cramps	__Burning in sex organs
__Problems with smell or taste	__Muscle weakness	__Problems with social activities

Please tick (√) here if you have had none of the above over the last month:_____

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5. ROS: ☐

6. When you awakened in the morning OVER THE LAST WEEK, did you feel stiff? ☐ No ☐ Yes
If "No," please go to Item 7. If **"Yes," please indicate the number of minutes**_____, **or hours**_____ until you are as limber as you will be for the day.

7. How do you feel TODAY compared to ONE WEEK AGO? Please tick (✓) only one.
Much Better ☐ (1), **Better** ☐ (2), the **Same** ☐ (3), **Worse** ☐ (4), **Much Worse** ☐ (5) than one week ago

8. How often do you exercise aerobically (sweating, increased heart rate, shortness of breath) **for at least one-half hour** (30 minutes)**? Please tick (✓) only one.**
☐ 3 or more times a week (3) ☐ 1-2 times per month (1)
☐ 1-2 times per week (2) ☐ Do not exercise regularly (0) ☐ Cannot exercise due to disability/ handicap (9)

9. How much of a problem has UNUSUAL fatigue or tiredness been for you OVER THE PAST WEEK?

FATIGUE IS ○ FATIGUE IS A
NO PROBLEM 0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4.5 5.0 5.5 6.0 6.5 7.0 7.5 8.0 8.5 9.0 9.5 10 MAJOR PROBLEM

10. Over the last 6 months have you had: [Please tick (√)]

☐No	☐Yes	An operation or new illness	☐No	☐Yes	Change(s) of arthritis or other medication
☐No	☐Yes	Medical emergency or stay overnight in hospital	☐No	☐Yes	Change(s) of address
☐No	☐Yes	A fall, broken bone, or other accident or trauma	☐No	☐Yes	Change(s) of marital status
☐No	☐Yes	An important new symptom or medical problem	☐No	☐Yes	Change job or work duties, quit work, retired
☐No	☐Yes	Side effect(s) of any medication or drug	☐No	☐Yes	Change of medical insurance, Medicare, etc.
☐No	☐Yes	Smoke cigarettes regularly	☐No	☐Yes	Change of primary care or other doctor

Please explain any "Yes" answer below, or indicate any other health matter that affects you:

_____

_____

SEX: ☐ Female, ☐ Male **ETHNIC GROUP:** ☐ Asian, ☐ Black, ☐ Hispanic, ☐ White, ☐ Other_____
MARITAL STATUS: ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Separated

Your Occupation_____ **Please circle the number of years of education you have completed:**
Work Status: ☐ Full-time, ☐ Part-time, ☐ Disabled
☐ Homemaker, ☐ Self-Employed, ☐Retired,
☐ Seeking work, ☐ Other_____

1 2 3 4 5 6 7 8 9 10 11 12
13 14 15 16 17 18 19 20 more than 20

Please write your weight:_____**kg** **height:**_____**cm**

Your Name_____ **Date of Birth**_____ **Today's Date** _____

 Thank you for completing this questionnaire to help keep track of your medical care. **R873AU2R**